Used for example for choosing contact from contact book by user

in main start activity:

Intent intent = new Intent(this,Main2Activity.class);   
startActivityForResult(intent, 1); - second parameter is code, used to compare in future, from where result came

@Override – method, which will happen after all forResult activities   
protected void onActivityResult(int requestCode, int resultCode, @Nullable Intent data) { - input code, out code, intent  
 super.onActivityResult(requestCode, resultCode, data);  
}

In temporary activity:

Intent intent = new Intent();  
intent.putExtra(“…”, …);  
setResult(1, intent); - out code, to know what kind of result is it   
finish(); - end activity